



WELCOME TO OUR
NEW HOMEOWNERS

Welcome New Homeowners

Wakefield Development and the Bedford at Falls River Community would like to extend a warm welcome to all of our new homeowners. Each month, we are thrilled to see all of the new faces around the neighborhood. It's families like you that make Bedford a truly wonderful place to live!



Here is what Novlette Judge and her son, Gregory, had to say about the Bedford at Falls River way of life:

“ I chose Bedford because of its diversity and atmosphere. Prior to making my decision to move here, I looked at other communities, but did not get that homey feeling. Bedford has so much to offer to families, whether you have a large or small one. With the variety of activities, you do not have to go far to have fun. The friendly neighbors and staff at Bedford really make it complete. ”

PLACE
STAMP
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4390 Falls River Avenue
Raleigh, NC 27614

THE Bedford EVENING POST



MARCH/APRIL 2006

BEDFORD AT FALLS RIVER



COMMUNITY NEWSLETTER

VOL. 3, ISSUE 2

BEDFORD PREPARES FOR BLOSSOMS

Spring is here and our landscapers are busy choosing and planting floral palettes to warm up our hearts after a chilly winter. As you will see when you are out walking the neighborhood, the flowers are arranged in beautiful hues of reds, pinks, lavenders and yellows. It may be just enough to inspire you to plant some of your own in your yards and in baskets on your porches.

Bedford is the most perfect place to enjoy Spring, so please take advantage while Mother Nature shows off her best face. Please do get out and enjoy Bedford's many parks with picnic shelters, benches, tables, and playgrounds. Did you know that Bedford has 26 miles of tree-lined sidewalks? You may enjoy jogging, walking or bike riding, but whatever you decide to do, welcome Spring to Bedford!



Spring Flowers

WELCOME TO THE BGA

Bedford at Falls River is a very active community all year round. However, now that Spring has arrived, we are busier than ever! The Bedford Golf Association (BGA) is in full swing, thanks to the efforts of Bedford residents, Ken Morton and John Wroth. They are organizing all of our fellow Bedford golfers into one cohesive group to facilitate good fun, good competition and good spirit. Using the BGA as the vehicle, they



BGA

want to continue to foster the community spirit and camaraderie already established within Bedford. The vision is that the BGA will allow golfers to meet new people, learn more about the game, provide the chance to play golf with neighbors, have the opportunity to participate in fun and exciting competitive BGA outings and ultimately be the focal point for everything golf within Bedford. If you haven't joined in yet, please contact Ken at (919) 622-7241 or at ken@pipelinegolf.com. John can be reached at 449-0317.

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LETTER FROM JOHN

Dear Bedford Residents,

The neighborhood is alive with Spring! Just the other day as I drove through Bedford, it was great to see homeowners out for their evening stroll, some out walking their dogs and the Recreation Center full of people enjoying the evening.

We are growing by leaps and bounds here at Bedford. We now have close to 900 neighbors calling Bedford their home. Our sales pace continues to be strong this first quarter of 2006.

Spring tells us that it's time once again for Vollmer Farms to open their doors to the Bedford Farmer's Market. They are scheduled to open Saturday, April 29th. This year, the offerings are tremendous. Watch your mail for a complete schedule through the summer months.

Again, we want to express our appreciation for referring your friends and neighbors to Bedford. This solidifies that our vision is now your reality. The small town charm of a walkable neighborhood filled with friends and family makes Bedford a great place to call home.

Sincerely,

John Myers
President, Wakefield Development Company



COMMUNITY NEWS

STAR GAZING ENTHUSIASTS GATHER

The crowd that comes to enjoy star gazing continues to grow! The 30 enthusiasts who came to the first show has now grown to over 40 members. Members can look forward to the chance to see a good moon, Saturn, Mars, the galaxies M81 and M82, the Orion nebula and star clusters at the next meet. More telescopes were evident at the last show, and those who don't own one were very grateful for those who shared. One also announced that on Monday, March 20th at 1:26pm EST, the Sun will cross the celestial equator in the sky heading north, and that will be the very first moment of Spring! What is the astronomical significance of this moment? At this moment, the Sun in its apparent path around the sky, will stand directly over the equator of the Earth. It is one of two times during the year when this happens, the other being on the first day of Autumn. Astronomy is so fascinating! Watch the calendar to join the group for the next star gazing date.

TENNIS SWINGS INTO SEASON

Tennis lessons with Brian Rosenthal and Josh Franceshena begin the week of March 13th and will continue through the week of May 15th. All levels are taught on Mondays, Wednesdays and Saturdays. Please check the calendar for times and details on the classes offered. There has been a lot of talk about the success of the Advance Junior Clinics. These clinics focus on greatly improving the games of players who have the ability to play points, serve and understand



some strategy. All ages are welcome as long as these requirements are met. Clinics are instructed by teaching professionals who have collegiate tennis experience and are currently working at local clubs and/or subdivisions in the Triangle area. For any questions or concerns regarding enrollment in the Bedford Tennis Program, contact Tennis Director Brian Rosenthal at ncsubr1@aol.com.

BEDFORD WINE ENTHUSIASTS VISIT CALIFORNIA

Bedford wine connoisseurs, Jason Long and Chris Morton, were recent visitors to California's wine country – a wonderful grape-growing region north of San Francisco. They enjoyed many afternoon tastings at various wineries and dined at the world-renowned restaurants sprinkled throughout the area. Jason and Chris reported that the treasures of America's largest grape-growing region don't just spring from an aged oak barrel, and that a trip to the vineyards also means sampling cheeses and olive oils from artisan producers. Please check the calendar for the next Bedford Wine Club meeting. You may be assured that Jason and Chris will offer some surprises they found on their trip!



MARK YOUR CALENDAR

March 2, Thursday

Bridge Club
10:00am - 12:30pm

March 3, Friday

Star Gazing
7:30pm - 10:00pm

March 6, Monday

Yoga
6:30pm - 7:30pm

March 9, Thursday

Chess Club
12:30pm - 2:30pm

March 13, Monday

Baby & Me
10:00am - Noon



March 14, Tuesday

Meet the Professionals
6:00pm - 9:00pm

March 15, Wednesday

Aerobics
7:00pm - 8:00pm

March 23, Thursday

Over 50 Social
5:30pm - 7:30pm

March 31, Friday

Kids & Crafts
10:30am - Noon

April 4, Tuesday

Mah Jongg
12:30pm - 4:00pm



April 8, Saturday

Piano Recital
Piano Courtesy of Ruggero Piano
1:00pm - 4:00pm

April 10, Monday

Baby & Me
10:00am - Noon

April 12, Wednesday

Aerobics
7:00pm - 8:00pm

April 13, Thursday

Bridge
10:00am - 12:30pm

April 14, Friday

Dads Play Cards
8:00pm - 11:00pm



April 16, Sunday

Easter Egg Hunt at Village Green
by the Clock Tower
11:00am - 12:00pm

April 20, Thursday

Over 50 Social
5:30pm - 7:30pm

April 22, Saturday

Kick Boxing
10:00am - 11:00am

April 24, Monday

Yoga
6:30pm - 7:30pm

April 28, Friday

Kids & Crafts
10:30am - Noon

April 29, Saturday

Farmer's Market Opens

Let's Not Forget Valentine's

This capsule of "An Intimate Evening With...George Martin" was taken from our website: "The night started out great when Mr. George Martin personally handed out a long stem red rose to all the lovely ladies in attendance. George's performance was excellent! Everyone enjoyed themselves, it was obvious. He mixed up the generations of easily recognizable Neil Diamond tunes and, in closing, gave us And I Love You So by Perry Como. Audience participation included sing-alongs and dancing in the aisles! The performance was non-stop and the audience gave a standing ovation! Ain't love grand?"

Bridge Lessons

Lois Clements has been teaching Bridge since February 6th to a group of Bedford residents, with March 27th being the final class in the eightweek course. Some were familiar with the game, but wanted to brush up. Others were brand new to it and seemed to love the learning process. Thanks to Lois for taking on the task of teaching and for doing such an outstanding job!

Yoga

Yoga classes are still very popular here at Bedford. The course, for now, is a basic yoga course, which focuses on balance, strength and flexibility. The cost is only \$5.00 per class. Bring your own mat and a bottle of water and let Amy Desjardins help you peel away stress as you strengthen your body. Classes are every Monday night from 6:30-7:30pm and every other Saturday morning from 8-9am. Check our calendar for specific dates. RSVP to Amy at adfitness@aol.com.

Meet the Professionals

Please join us for Meet the Professionals on Tuesday, March 14th from 6pm-9pm. We will have several Bedford professionals who will give five minute presentations speaking about their varied backgrounds. This is basically a way for Bedford residents to network, and is a great way for businesses big and small to meet since so many of them overlap (painters, decorators, business consultants, etc.). Meet the professionals in your own backyard!

Easter

The Easter Egg Hunt will be held on Sunday, April 16th, from 11am-Noon on the Village Green by the Clock Tower. Please bring your own baskets to collect the eggs which will be full of Easter treats! There will be a special appearance made by none other than the Easter Bunny! Parents and guardians, bring your cameras!



RECIPE OF THE MONTH

SPRING BREAK TURKEY BURGERS



- 1 (16 ounce) package ground turkey
- 1 (0.7 ounce) package dried Italian salad dressing mix
- 4 slices mozzarella cheese
- Four hamburger rolls of your choice
- 1/2 cup jarred tomato sauce
- 4 tablespoons fresh thinly sliced basil or 2 tablespoons of dried basil

Preheat grill. In mixing bowl, combine ground turkey and Italian dressing mix. Mix well. Form into patties. Grill burgers for 7 minutes per side or until a meat thermometer inserted into the center of the burgers registers 170 degrees. Top each burger with 1 slice of cheese about 1/2 of the way through cooking.

While burgers are on the grill, heat tomato sauce on stovetop or in a microwave oven. When burgers are finished, remove from grill and place each on the bottom half of the sliced bread. Top each burger with about 2 tablespoons of sauce and 1 tablespoon of basil. Cover with top of the bread and serve. Serves 4