



WELCOME TO OUR
NEW HOMEOWNERS

Welcome New Homeowners

Wakefield Development and the Bedford at Falls River Community would like to extend a warm welcome to all of our new homeowners. Each month, we are thrilled to see all of the new faces around the neighborhood. It's families like you that make Bedford a truly wonderful place to live!



Here is what Dick and Donna Mark had to say about the Bedford at Falls River way of life:

“ When we found Bedford, we knew we had found a place that would keep us feeling young. We enjoy the old-time feel with modern day amenities. ”

PLACE
STAMP
HERE

Bedford
AT FALLS RIVER
4390 Falls River Avenue
Raleigh, NC 27614

THE Bedford EVENING POST

MAY/JUNE 2006

BEDFORD AT FALLS RIVER



COMMUNITY NEWSLETTER

VOL. 3, ISSUE 3



SUMMERTIME IN BEDFORD

Summer is knocking on the door and Bedford residents will answer gladly when the swimming pool officially opens on Saturday, May 13th. Then, the following Saturday, May 20th, we will celebrate by having Bedford's annual pool party. There will be great food and the promise of a lot of fun for all ages. Bring your towels and your sunscreen and relax! Send the children over to enjoy the incredible 130-foot long, 15-foot high waterslide, Mt. Gushmore. The children will also enjoy the tumbling buckets, misters and raindrop umbrellas. Adjacent to the swimming pool is Central Park, with swings, slides and a merry-go-round. When you are ready to come out of the sun, just come up to the

main room of the clubhouse and find a rocking chair on the porch. Are you rested now? Then round up a game of sand volleyball, tennis or basketball, or

just enjoy the 8-lane competition-sized pool. Yes, summer came knocking and Bedford has answered with a hearty, "Come on in, the water's just fine!"



BEDFORD BULLS SOFTBALL SERIES

The pre-season game for the Bedford Bulls got off to a thrilling start and left everyone wanting more. That first game was played against a newly formed team from a different division and, although it didn't count, it was a wild one. Pete Purcell pitched four 2-run innings. Dave Dubner was catcher for the game, and Craig Gamache hit a 3-run homer. Mark Ishman

also had two RBI triples. The Bulls won, 18-2. A list of upcoming games can be found inside on the calendar of events.



INSIDE THIS ISSUE:

- 2 Letter from John Myers
- Casino Night
- Triathlon
- Water Aerobics
- 3 Calendar Of Events
- Recipe of the Month
- Looking Back...



LETTER FROM JOHN

Dear Bedford Residents,

Bedford is bustling with activity and it's great to see so many homeowners enjoying their community!

Sales have been strong through the first quarter — not record setting — but steady. We're reaching a point where a number of neighborhoods have sold out and the last three new neighborhoods introduced are now well underway.

Grading and construction on the north side of Falls River Avenue has begun on The Green Brier Collection, comprised of single family homes by 1st American priced from the \$390s. Also, on the same side of the street, construction has started on a new section of 78 custom homes by BBG priced from the \$460s. And recently underway on Dunn Road is a new 42-lot section of Charleston homes by W&W Partners. These homes are priced from the \$350s.

As we work toward completing roadways, we are making repairs and beginning to top streets with a final coat of asphalt in anticipation of turning them over to the City of Raleigh and, where appropriate, the HOA. Please be patient as we work through this exercise.

With pool season upon us, I sincerely hope you avail yourselves of the many activities and programs offered in this unique community and are glad to call Bedford your home.

Sincerely,

John Myers

President, Wakefield Development Company



COMMUNITY NEWS

2ND ANNUAL COUNT YOUR CHIPS FOR CHARITY

Mark your calendars for another fun night for Bedford residents! Bedford is hosting its 2nd Annual Casino night on Friday, May 12th, from 4:00pm-midnight. The tables will open at 7pm promptly and will close at 10pm. Auction will begin shortly after the tables close. Light hor'dourves will be provided. BYOB. All proceeds will go to The Make A Wish Foundation. Contact Susan Fanelly at 449-2590 for more information.



Casino Night

TRIATHLON

The following is an invitation from Scott Kirby to join in the Gary Kirby Triathlon for Cancer Research scheduled for June 3, 2006:

I began doing triathlons with my dad 7 years ago. We competed in 7-8 races a year, even creating a family challenge against each other. It kept us both in good shape and we pushed each other to reach new goals. Between the races and the training, it also allowed us to spend some great time together.

Shortly after a race in Pinehurst in 2002, my dad was diagnosed with cancer. He still continued to race, doing 4 triathlons in 2003 while undergoing treatment. For the past three years he battled transitional cell carcinoma. My dad went home to heaven on March 12, 2006, less than a month after he and I had begun laying out the plans for this new triathlon.

In my dad's honor, I am organizing the inaugural Gary Kirby Triathlon for Cancer Research in the Bedford at Falls River neighborhood in Raleigh on June 3, 2006. The goal for the race will be to raise money for the Duke Comprehensive Cancer Center

(www.cancer.duke.edu) for cancer research, while introducing others to this great sport and challenging current triathletes to reach their goals.

The format for this Sprint Distance race will include a 300-yard swim (12 lengths of the pool), followed by a 10 mile bike and 3 mile run through our Bedford neighborhood. This race is great for beginners and experienced triathletes alike.

Triathlons have been one of the fastest growing competitions in the past few years. I have even traveled to San Francisco to compete in a race. Triathlons create great atmospheres with some of the most energetic and enthusiastic volunteers and fans cheering you on to the finish. Whether you race for your own fitness goals, personal best times or just the accomplishment of saying, "I am a triathlete," this race is your chance to do it. Start training!



Gary and Scott Kirby

WATER AEROBICS

A new activity has splashed into the Bedford swimming pool: water aerobics. Classes will be taught by Bedford resident Mary Mason, a certified IFTA trainer, on Monday, Wednesday and Friday mornings from 8:30am-9:30am. The first class will begin on Wednesday, May 31st. The cost is only \$5 per class or \$60 for a six week package. All monies are collected at the beginning of each class. Mary previously taught at the Crossgate Pool and The Spa at North Ridge Shopping Center. Mary has successfully taught beginners through advanced students. The classes offer a very relaxing way of exercising and toning your body with the wonderful benefit of the support of the water, the warmth of the sun, and your friends around to ensure that you also have fun! Call Mary at 876-4162 to sign up, or email her at marymason@nc.rr.com.



MARK YOUR CALENDAR

May 1, Monday

Baby & Me (Bi-Monthly)
10:00am - Noon

Roadcrew vs ESS 6:30pm
Tony's vs Cooters 7:30pm
BB-Red vs Intrex 8:30pm

May 2, Tuesday

Mah Jongg (Weekly)
12:30pm - 4:00pm

May 3, Wednesday

Tai Chi (Weekly)
6:00pm - 7:00pm

Intrex vs BB-Blue 6:30pm
Cooters vs Riverdog 7:30pm
Roadcrew vs BB-Red 8:30pm

May 4, Thursday

Over 50 Social (Bi-Monthly)
6:00pm - 7:30pm

May 8, Monday

Tony's vs Roadcrew 6:30pm
BB-Red vs ESS 7:30pm
Riverdog vs Intrex 8:30pm

May 10, Wednesday

Riverdog vs Roadcrew 6:30pm
Intrex vs Cooters 7:30pm
BB-Blue vs ESS 8:30pm

May 11, Thursday

Ladies' Night Out (Monthly)
8:00pm - 11:00pm

May 12, Friday

Kids & Crafts (Bi-Monthly)
10:30am - Noon

Casino Night
4:00pm - Midnight

May 13, Saturday

Pool Opens!
10:00am - 8:00pm



Pool Opens

May 15, Monday

Cooters vs BB-Blue 6:30pm
Tony's vs BB-Red 7:30pm
ESS vs Riverdog 8:30pm

May 17, Wednesday

Roadcrew vs Cooters 6:30pm
BB-Red vs BB-Blue 7:30pm
Tony's vs Intrex 8:30pm

May 20, Saturday

Pool Opening Party
10:00am - 2:00pm

May 22, Monday

Intrex vs Riverdog 6:30pm
Roadcrew vs Tony's 7:30pm
ESS vs BB-Red 8:30pm



RECIPE OF THE MONTH

EASY TACO SALAD



Taco Salad

1 lb. ground beef
1/2 cup TACO BELL HOME ORIGINALS Thick 'N Chunky Salsa
4 cups shredded lettuce
Tortilla chips

Brown meat; drain. Stir in salsa.

Layer lettuce, chips, meat mixture and cheese on large platter or individual serving plates.

Top with tomato and sour cream.

May 24, Wednesday

Tony's vs ESS 6:30pm
Riverdog vs BB-Blue 7:30pm
BB-Red vs Cooters 8:30pm

May 31, Wednesday

Ess vs Intrex 6:30pm
Tony's vs Riverdog 7:30pm
Roadcrew vs BB-Blue 8:30pm

June 3, Saturday

Triathlon
8:00am - 10:00am

June 5, Monday

BB-Red vs Riverdog 6:30pm
Cooters vs ESS 7:30pm
Intrex vs Roadcrew 8:30pm

June 7, Wednesday

Bunco
8:00pm - 10:00pm

Intrex vs BB-Red 6:30pm
ESS vs Roadcrew 7:30pm
BB-Blue vs Tony's 8:30pm



Swim Team

June 9, Friday

Men's Night Out (Bi-Monthly)
7:00pm - 11:00pm

June 10, Saturday

Bedford Idol Competition at the Clock Tower
6:00pm - 10:00pm

June 12, Monday

BB-RED vs Roadcrew 6:30pm
BB-Blue vs Intrex 7:30pm
Riverdog vs Cooters 8:30pm

June 14, Wednesday

Jazzercise Class (Weekly)
5:45pm - 7:00pm

Cooters vs Tony's 6:30pm
Riverdog vs BB-Red 7:30pm

June 15, Thursday

Bridge Club (Weekly)
10:00am - 12:30pm

June 24, Saturday

Bedford Golf Association Dinner
4:00pm - 8:00pm

June 29, Thursday

Wine Club (Monthly)
7:00pm - 10:00pm

Looking Back

March 11th... a good time was had by all when comedian/magician Tim Dumas entertained a Bedford audience. He kept the audience laughing and wondering, "How did he do that?"



Kids and Crafts

March 31st... pictured is one of our most precious moments, taken during a Kids and Crafts event.



George Martin

April 8th... the songs started out nice and easy and then George Martin kicked it into high gear and had people dancing in the aisles! Gotta love that country-western night!